

November



2022

WESTBROOK - WALNUT GROVE High School LUNCH

	1 Pizza Lettuce Salad Corn Fruit Milk	2 Scalloped Potato & Ham Dinner Roll Squash Green Beans Fruit Fruit Snack Milk	3 Spaghetti Green Beans Lettuce Salad Garlic Bread Fruit Milk Brownie	4 Brft. for Lunch Scrambled Eggs French Toast Hashbrown Veggies Fruit Milk
7 Chicken Nuggets Tater Tots Carrots Fruit Milk Rice Krispy Bar	8 Lasagna Lettuce Salad Breadstick Fruit Milk	9 Hamburger on a bun Toppings Baked Beans Chips Fruit Milk	10*NEW* Chicken & Biscuit Corn Gogurt Fruit Milk Cookie	11 Grilled Cheese Tomato Soup Fresh Veggies Fruit Milk
14 Hamburger Gravy Mashed Potatoes Broccoli Corn Breadstick Fruit Milk	15 Hot Ham & Cheese Calf. Veggies Sun Chips Coleslaw Fruit Milk Ice Cream Treat	16 Cheese Bread Marinara Sauce Lettuce Salad Fresh Veggies Fruit Sidekicks Milk	 Turkey Mashed Potatoes Gravy Squash Corn Stuffing Cranberry Sauce Pumpkin Bars Milk	18 Pizza Crunchers Fresh Veggies Coleslaw Fruit Milk
21 Hamburger Hotdish Biscuits Veggies Fruit Milk	22 Tacos Fixings Refried Beans Rice Fruit Milk	23 Chicken Noodle Soup Cheese Sticks Fresh Veggies Fruit Milk	24 	25 
28 Chicken Strips Curly Fries Dinner Roll Fresh Veggies Fruit Milk	29 Sweet & Sour Chicken Rice Steamed Broccoli Steamed Carrots Egg Roll Fruit Milk	30 Tater Tot Hotdish Green Beans Dinner Roll Fruit Milk		

